

Dear friend of youth,

As the mother of twelve children I can say the materials of Power Trip are just what I would have wished for my children in our parish youth ministry.

Power Trip A & B take middle school, high school, or middle through high school youth:

- Book by book through the New Testament (twice in two years)
- Through major concepts of the Catechism of the Catholic Church
- Through historically pivotal lives of saints

All interwoven with stories, skits, games and crafts!

Rose Marie Doyle, executive director **YOU TURNS**

Take a look at the Power Trip B table of contents and page 1 of three lessons. To download **FREE Lesson Plans** go to www.youturns.org. For more information Email youturnsPTL@msn.com

Power Trip “B” table of Contents

About YOU TURNS

Ideas

Registration - Opening night

Steps of the Journey “B”

1. God’s Rules for Friendship and Marriage

The **Faith** portion begins with pantomimes of two scriptures that speak of the benefits of God’s Word. The youth have to select the correct scripture and repeat in chorus. The Bible study from Matthew 5:21ff covers anger, forgiveness, sexuality, divorce, truthfulness tied in to the themes of friendship and marriage.

2. Go Make Disciples

A guest from the parish is invited to read or share the story of Jesuit martyrs, Isaac Jogues or John de Brebeuf. The Bible study from Matthew 24 and 28 includes Jesus’ teaching to endure to the end and the Great Commission. Youth are challenged to stand up for their faith and the truth.

3. Forgive, Pray, Believe

Begins with a skit of a girl who holds a grudge against a teacher, and then turns around to ask God for help with a test. Youth have to pinpoint the girl’s mistake and then in the Bible study, Mark 11, they learn about prayer, and the need to forgive before approaching God.

4. Love Your Enemy by the “Golden Rule”

The Catechism of the Catholic Church is introduced by a race between teams to find simple answers in the Prologue. Luke 6 teaches about loving our enemies. Students are challenged to write out ways to practice the Golden Rule toward someone they consider an enemy. Discrete sharing is encouraged.

5. Give and it Shall Be Given, etc.

Meeting opens with a backwards-frontward relay. “Vatican City” (the Catechism of the Catholic Church portion of **Faith**) questions are about knowing God through reason. From these will come the first questions for youth to research and explain at the next gathering. Sayings of Jesus from Luke 6 cover building our lives on Jesus the Rock, possible consequences of not doing so, and Christian giving.

6. Popularity or God's Approval?

Faith begins with two skits conveying hard decisions young people have to make despite peer pressure. Audience decides how the stories are to end using WWJD – What would Jesus do? The selection from John 5 shows the Pharisees rejecting Jesus because they seek approval from one another rather than from God. The study invites youth to explore this behavior in their lives. “Catechism Lookup” defines Church and Divine Revelation.

7. We're Children of the King

A respected woman from the parish shares the story of St Helen mother of Constantine. Points include the Edict of Milan or religious toleration act, Counsel of Nicaea, the Nicene Creed, Helen's deeds of charity, building of the great basilicas and discovery of the true cross. In the Bible study from John 13 and 14, Jesus instructs us to be servants of one another and tells us he is the Way.

8. Paul Teaches How to Evangelize

Script for the opening skit is read right out of the book of Acts where Paul gives his testimony before Festus. Youth are advised to pay close attention because a quiz contest will follow. Paul's persuasive speech gives an inspiring example of how we are to speak out boldly when God provides opportunity.

9. When You Serve God, Things Work Out

The story of St Jerome illustrates the Bible study from Romans, “All things work together for good.” Rejected as the next Pope, Jerome sadly departs from Rome to the Holy Land where he perfects his knowledge and completes his translation of the Bible into the Latin vernacular. Who remembers the Pope of that day? But everyone knows of Jerome the great Bible translator and teacher.

10. Saved Through the Blood of Jesus

After a rousing relay game, students will settle down to research the Catechism for the meaning of such concepts as Immaculate Conception, Incarnation and Paschal Mystery. This leads to the Bible study from 1 Corinthians where the Paschal Mystery will translate into the blood price Jesus paid for our salvation and, therefore, our obligation to glorify God in our bodies.

11. Walk the Talk

Youth create humorous commercials (on video if possible) to relate false advertising to a false witness given when we don't obey the faith we profess. "Catechism Lookup" presents the cardinal virtues. The Bible study from Galatians 5:21 requires dictionaries or a thesaurus to find the virtues opposite to Paul's list of vices or "works of the flesh".

12. Diet for a Healthy Mind

A skit taken word for word from Philippians 4:8, with strong visual props, preaches the need to think on the good to have a healthy mind and balanced emotions. "Catechism Lookup" looks at conscience and free will. The Bible Study from Philippians shows how to have the mind of Christ, what to put into our minds and commands us to rejoice always.

13. Go and Sin No More

Youth play a game that demonstrates the ripple effect of sin and hear a funny story demonstrating the same. Bible study is matching scriptures to youthful scenarios of sin and then finding in the Catechism or Bible answers to questions about sin, repentance and confession.

14. Examine, Repent and Confess

Another list of sins shows up in 2 Timothy 3:1-5. Again, with the use of dictionaries if necessary, students are to list ways their age group might commit these sins. When all are compiled the youth leader will collect them to make an examination of conscience for their use and to be handed out to youth at communal confession.

15. The Greatest Thing in Life is Still Free -

GRACE (God Really Alive Caring for Everyone)

Clues representing opportunities of grace are given to teams to guess. Team members take turns clueing in their team by drawing a picture, making a clay sculpture or acting, whichever medium the youth leader announces. In the Bible study from Hebrews, youth match the right clue symbols to scriptures.

16. Blessed is He Who Resists Temptation

This gathering begins with each youth drawing a slip of paper on which is written a temptation. He or she is then to move around the room getting advice from others on how to resist. During **Faith**, Saint Thomas Aquinas' story of overcoming sexual temptation and his prayer for strength prepare youth for the book of James, which explains how temptation becomes sin and the need to submit to God and resist the devil.

17. God's Covenant

Young people cut from magazines pictures of blessings God has given as part of his covenant with us. These are pasted on the cutout of a cross to show both God's earthly gifts and His most incredible gift of Jesus dying on the cross for our sins. Students then examine promises from 1&2 Peter to analyze which verses refer to our part of the covenant and which to God's.

18. Sounds Good but Is It Truth?

“Will the real Christian please stand up?” In this skit a secular humanist, a hedonist and some other representatives of current philosophies all claim to be Christians. Youth get to guess twice who is/are the genuine - the second time after studying 1 John's teaching on testing the spirits. Contestants then return to the stage and the real Christian stands up.

19. Mary our Queen and our Mother

During Adoration, which can be celebrated at the usual time or at the end, the statue of Mary is given special honor, perhaps with a crowning ceremony. “Catechism Lookup” discusses prayer. The thought provoking Bible study features the woman in Revelation 12. It covers Satan's banishment from heaven and war against mankind, Mary as Ark of the Covenant, and Mary's birth pangs at the foot of the cross.

20. Cold No! Lukewarm Yuck! Hot Yes!

The final **Step** of this year's **Power Trip** opens with each of 3-6 teams racing to find its assigned scripture from Revelation posted somewhere in the room. When found, the verses are placed in front and read together by the group, which can guess at the identity of Mystery Babylon. “Catechism Lookup” continues the theme of prayer. Bible study takes up the message to the Laodiceans who are castigated for their lukewarmness and reminded that Jesus stands at the door and knocks. Youth are encouraged to develop intimacy with Our Lord by keeping their prayer life active during summer vacation.

Appendices

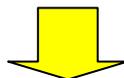
YOU TURNS Rules

Adoration Guidelines

Issues Night Topics

Christian Service Jump Starters

YOU TURNS Chant



Date: _____

John 13:14-17, 34-38; 14:1-6

We're Children of the King

Catechists:

Supplies: Recitation prizes † Bag of verses from **John Principles 10-18** † Research questions from **Catechism Lookup 1-11**.

Environment:

Friends 7:00-7:10 PM

Faith/Fun

General Gathering 7:10-7:35 (25 min)

Do recitation and research question(s) now or in **Small Groups**

In this season we celebrate the Kingship of Jesus. In Him we, too, are royalty. Invite a mature and respected woman from your parish to read or relate the story of St. Helena. Helena was the mother of Constantine, emperor of Rome. (Story attached)

Adoration 7:35-7:45 (10 min)

Small Groups 7:35-8:10 (35 min)

- **Catechism Lookup questions 1-11**
- Bible reading is **John 13:14-17, 34-38; 14:1-6**. We will look at Jesus' concept of "royalty" and how to carry out our royal calling.
- Pass out memory verses and 1 or 2 **Vatican City** research questions

Forward 8:10-8:15 (10 min)

Preview: How did St Paul win so many souls, which he still is winning 2000 years later? We're going to see him in action next week.

Lord, please fill us with your Spirit so that we can really love - not fake it- but love with your love. Help us to follow the example of Helena who, though she was the queen mother, cared for the poor and needy. Open our eyes to the ways we can serve others and strengthen us to go to it!

LEADER	ALL
In Christ we are	FRIENDS!
In Christ we have	FUN!
In Christ we have	FAITH!
In Christ we go	FORWARD

...to love and serve the Lord!

Date: _____

The Greatest Thing in Life is Free - Grace

(**G**od **R**eally **A**live **C**aring for **E**veryone)

Catechists:

Supplies: Recitation prizes † Bag of verses from Hebrews Promises 1-11 † Play dough (homemade recipe included) † Pencils † Paper † Blindfolds = Set of "Clue Cards" (explanation below) † Lists of clues (page 5) and of Hebrews Promises 1-11 for each Small Group.

Environment: Consider finding a copy of Margaret Becker's CD "GRACE", play the song "GRACE" as the kids gather together.

Friends 7:00-7:10 PM

Fun/Faith

General Gathering 7:10-7:35 PM (25 min)

This is the game of "Cluegratia" (Clu gra' tsee ah) or "Grace Clue". This game is similar to a popular game but with an added twist. The clues are:

Cross
10 Commandments
Chair
School

Bible
Confession
Communion
Shield

Desert
Funeral
Heart

Divide the class into groups of three. Each group receives a clump of sculpturing dough, a blindfold, pen and paper. Explain that the group must rotate the responsibility of "Clue Giver." The designated "Clue Giver" will try to get his group to be the first one to guess the Clue to today's scripture verses using the medium that the teacher chooses. The mediums include picture drawings, play dough sculptures, or acting. Clue Givers are not allowed to talk. The twist is that all clue givers must be blindfolded. All groups play the game simultaneously.

The play begins with a representative of each group meeting with the teacher. The Clue Givers are shown the "Clue Card". The teacher then designates the medium to be used for this clue. The clue givers return to their group and are blindfolded by a group member. When everyone is ready the teacher announces, "Begin." The first group to get the scripture clue yells out "CLUE" and is given the "Clue Card." Play continues until all clue cards have been distributed. Announce the winners (those with the most Clue Cards) but award a small prize to the entire group. Collect the Clue Cards.

Gather the students together in one group. Introduce the theme for today's class and share with them the definition of Grace: "The unmerited love and favor of God toward people." Explain that the blindfolds in the Cluegratia game were a symbol of the

Date: _____

1 John 2:14-17; 4:1-16

Sounds Good but is it Truth?

Catechists:

Supplies: Recitation prizes † Bag of verses from 1,2,3 John Promises 1-9 & Jude Promises 1-2 † Research questions from Catechism Lookup 1-5 † Container for the drawing † Four signs created on 8½ x 11 sheets of paper, “Sounds”, “Good”, “but is it”, “Truth?”

Environment:

Friends 7:00-7:10 PM

Remind students of recitation and BIG PRIZE. Have copies of verses available for those who need them to practice before the **General Gathering**.

Fun/Faith

General Gathering 7:10-7:35 PM (25 min)

Do recitation and research question(s) **1&2 Peter Promises 1-7 & 1-6**, research questions from **Catechism Lookup Step 17B (1-7)**. Hold drawing for BIG PRIZE

Dismiss 6th graders. Announcement signals all to gather around the stage where five chairs are placed. Four members of the cast line up on stage with the sign cards and say their part of, “**Sounds Good but is it Truth?**” They place the sign cards in order in a visible place on the stage and leave. The five contestants, scripts in hand, A (environmentalist), B (hedonist), C (secular humanist), D (Christian), E (psychic), march on stage and stand with backs to audience. One-by-one they face the audience, announce their name (chosen according to letter of alphabet, e.g. Adeline, Bob, Cisco, Dorothy, Everett) saying, “My name is _____ and I am a Christian”, and sit down. The emcee then asks question 1 to each, then question 2, etc. Each contestant stands and answers according to the script. Emcee will then take a vote for the real Christian(s), tallying it on a white board. Tell students that they might change their minds after studying 1st John in **Small Groups** and that you are going to have a re-vote just before **Adoration**.

Small Groups 7:45-8:20 PM (35 min)

- Bible reading is **1 John 2:14-17; 4:1-16**. John tells us how to discern what spirit is behind the diverse ideas we commonly hear today and recognize what is truly Christian, or how to recognize the voice of our shepherd, Jesus, in what we hear others say.
- **Catechism Lookup** questions **1-5**. These should only require a quick review if there is time. Pass out memory verses from **1,2,3 John Promises 1-9 & Jude Promises 1-2**, and 1 or 2 **Catechism Lookup** questions, from **1-5**. Announce that recitation will take place again next week in the general gathering with another BIG PRIZE drawing.

Interested?

Contact us

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...that they may turn from darkness to light.