

Components of a Comprehensive Ministry with Adolescents
From *Renewing the Vision*, National Conference of Catholic Bishops
And how **YOU TURNS** incorporates these components into its youth program and materials

Ministry of...

Advocacy

- A. The welcoming atmosphere of the **YOU TURNS** program, with the **Friends, Fun, Faith** and **Forward** portions, is a first step toward advocacy of the vulnerable and at-risk adolescent.
- B. Many and varied activities, in addition to formal learning, enable ALL in the program to experience success and acceptance.
- C. Lessons on/about advocacy: **HB 12; Power Trip (PT) A Step 2, 4; PT B, Steps 7, 16**

Catechesis

- A. **Heritage Bowl (HB)** surveys the entire Bible and teaches elemental concepts in the Catechism of the Catholic Church. If run simultaneously with **Power Trip**, it is the **Small Group** portion for 6th graders. **Power Trip** guides youth book-by-book through the New Testament and explores major issues of each of the “Four Pillars” in the Catechism of the Catholic Church. Both programs cover the themes below:

1. The Profession of Faith

- *Catholic Beliefs*: **HB 1, 2, 3, 5, 6, 7, 8 PT B, Steps 1, 7, 9, 10, 14, 19**
- *Holy Trinity*: **HB 7 PT A, Steps 1, 6**
- *Jesus Christ*: **HB 12, 13, 14, 15; PT A, Steps 3, 4, 6; PT B Steps 5, 6, 7, 10, 18, 20**
- *Church*: **HB 15; PT B Steps 6, 7, 9, 10, 14**

2. The Sacraments of Faith

- *Sacraments*: **HB 1, 2, 3, 8; PT A, Steps 1, 2; PT B Steps 1, 3, 13, 14, 15**
- *The Church*: **HB 15; PT B Steps 6, 15**
- *Church Year*: **HB 7, 9**

3. The Life of Faith

- *Life in the Spirit*: **HB 14; PT A, Steps 1, 6**
- *Dignity of the Human Person*: **HB 12, 13; PT A, Steps 2, 4; PT B Steps 1, 3, 4, 7**
- *Morality and Living a Virtuous Life*: **HB 5, 6, 12; PT A, Steps 1, 2; PT B Steps 1, 4, 6, 7, 10, 11, 12, 13, 14, 16,**
- *Personal Growth*: **PT A, Steps 1, 2, 3; PT B Steps 1, 2, 3, 4, 5, 6, 7, 11, 13, 14, 16, 18, 20**
- *Relationships*: **HB 12, 13; PT A, Steps 1, 2; PT B Steps 1, 3, 13, 14, 15**
- *Sexuality*: **HB 15; PT B Steps 1, 3, 11, 12, 13, 14, 16**
- *Social Justice*: **HB 12, 13; PT A, Steps 2, 4; PT B Steps 4, 5, 6, 7, 16, 18**
- *Grace as Gift*: **PT A, Steps 1; PT B Steps 15**
- *Lifestyles and Vocation*: **HB 15; PT B Steps 1, 2, 7, 16**

4. Prayer in the Life of Faith

- *Christian Prayer*: **HB 10, 12, 13; PT B Steps 3, 19, 20**

- B. Additionally, **Power Trip** presents historically pivotal lives of saints imparting to young people a strong sense of their Catholic heritage and its impact on history while offering holy and inspiring role models for youth to emulate.

- C. Power Trip** encourages memorizing **Promises** from scripture, filling young hearts with confidence in God, humility, joy and freedom from fear.
- D. Power Trip** encourages memorizing **Principles** from scripture that impart wisdom and protect young people from sin and foolish decisions with unfortunate consequences.
- E. Heritage Bowl** helps youth understand and be attentive to the readings at mass by giving them understanding of both the Old and New Testament, how they are put together and how they relate to each other.

Community Life

- A. In Every Step:**
Friends and Faith portions have community-building activities providing group interaction and opportunities for youth to use their talents of leadership, music, drama, etc., as ministry. **Small Groups** for Catechism and Bible discussion build a close-knit community. There are many opportunities for adults of the parish to participate in the program offering a link between young and old.
- B. Lessons fostering community life:** **HB 8; PT A, Steps 1, 2; PT B, Steps 14, 16, 17** and others as well.

Evangelization

- A. In Every Step:**
Forward Prayer is a vehicle of evangelizing the youth themselves offering them frequent opportunities to ask forgiveness and invite Christ into their lives.
- B. Lessons on evangelism:** **HB 12, 15; PT A, Step 3; PT B, Steps 2, 8**

Justice and Service

- A. The Power Trip Appendix** presents service projects and ideas from five experienced youth ministers that can be adapted to each parish situation and time frame.
- B. Lessons on justice and service:** **HB 13; PT A, Steps 2, 4; PT B Steps 4, 5, 6, 7, 16, 18**

Leadership Development

- A. In Every Step:**
Friends and Faith portions have community-building activities, dramas and singing praise and worship, that provide many and varied opportunities for youth to exercise leadership. Youth leadership opportunities abound in the service projects.

Pastoral Care

- A. Small Group** leaders are in an ideal position to carry out pastoral care because they really get to know the youth in their groups. Monthly planning meetings, necessary for smooth functioning of Power Trip, offer the wisdom and resources of the assembled small group leaders with the Youth Minister to fulfill needs of individual youth.

Prayer and Worship

- A. In Every Step:**
Adoration encourages personal prayer, faith in and reverence for the Eucharist.
Forward Prayer always reflects the lesson, encouraging prayerful resolutions to practice what was learned, and offering frequent opportunities for youth to ask forgiveness and invite Christ into their lives.
- B. Lessons about Prayer and Worship:** **HB 10, 12, 13; PT B, Steps 3, 19, 20**